



Bulldog Elite Wrestling Club



"The Tradition Continues"

The Bulldog Elite Wrestling Club invites all K thru 8th graders to take part in the fun and challenging sport of wrestling! Club participants develop fundamental skills of wrestling and sportsmanship that lead to success in youth, junior high and high school wrestling.

We will be running 2 seperate practices again this year. Beginners & Advanced
We ask parents to wait out in the Atrium/Hall during practice to help with congestion this year.

Schedule: Practices start the week of Nov 5th. We encourage athelets that are playing basketball as well, to try to come to practices that they can before christmas and/or come to practices after basketball season is over.

Beginners	Nov 11, 18, 20, 25	Advanced	Nov 5, 7, 12, 14, 19, 21, 26,
Mondays	Dec 2, 9, 16	Tues & Thurs	Dec 3, 5, 10, 12, 17, 19
5:45 - 6:45	Jan 6, 13, 20	6:00 - 7:30	Jan 2, 7, 9, 14, 16, 21, 23, 28, 30 Feb 4, 6, 11, 13, 18, 20, 25, 27

If weather cancels school or Ogden has an early dismissal due to weather, there will NOT be practice We will be using remind to send out announcements about practice. We may adjust practices if needed. Please sign up!

This a new Remind. Also follow us on facebook @ Ogden Elite Wrestling.

To receive messages via text, text @ogdenelite to 81010.

Club Cost: \$40 first child, \$70 family(checks payable to "Ogden Elite Wrestling"). Each wrestler will receive a free club t-shirt. We will also be doing an apparel form. Will be sending out info soon.

We will also be holding our youth tournament again this year: Kyler Kiner Memorial Youth Tournament (Jan 26)

Where: Ogden High School Wrestling Room (located behind the high school)

Contant: Jesse Sundell 515-450-8461 jesse.sundell@ogden.k12.ia.us

WRESTLERS NAME: _____ GRADE: _____

PARENT NAMES: _____ APPROX WEIGHT _____

PARENT EMAIL: _____

TELEPHONE #: _____

SESSION: BEGINNER ADVANCED

Wrestlers Free T-Shirt Size:	Youth: Small	Medium	Large	
	Adult: Small	Medium	Large	X Large